

HEARD THE BEAT

Intermédiaire – 32 comptes – 4 murs

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Musique : The Time of Our Lives - The Venice Connection

Style : WCS

Source : Copperknob –

Intro : 16 comptes

BACK SWEEP, WEAWE, STEP ¼ SIDE TOGETHER, CROSS, ¼ STEP, ½ BACK LOCK SWEEP

- 1 Step right back sweeping left from front to back
 2&3 Step left behind right, step right to right, step left forward
 4&5 Step right forward, turn ¼ right step left to left, step right beside left (3:00)
Arms 5 Click fingers at head height
 6-7 Cross left over right, turn ¼ right step right forward
 8&1 Turn ¼ right step left to left, turn ¼ right lock right over left, step left back sweeping right from front to back (12:00)

BEHIND, SIDE, CROSS ROCK, ¼ STEP, STEP FULL SPIRAL, STEP, ⅝ JAZZBOX

- 2& Step right behind left, step left to left
 3-4 Cross rock right over left, recover weight onto left
 &5 Turn ¼ right step right forward, step left forward spiralling full turn right hooking right over left (3:00)
 6 Step right forward
 7& Turn ¼ left cross left over right, turn ⅝ left step right back
 8& Turn ¼ left step left to left, step right forward (7:30)

ROCK, BALL STEP, ⅜ DIAMOND, SIDE ROCK CROSS

- 1-2 Rock left forward, recover weight onto right
 &3 Step left beside right, step right forward
 4&5 Step left forward, turn ⅝ left step right to right, step left back sweeping right from front to back (6:00)
 6&7 Step right back, turn ¼ left step left to left, cross right over left (3:00)
 &8& Rock left to left, recover weight onto right, cross left over right

¼ STEP, ¼ HEELS, ¼ BALL STEP, ¼ HEELS, ¼ BALL STEP, ¼ HEELS, BALL POINT OUT IN OUT, HITCH

- 1-2 Turn ¼ right step right forward, turn ¼ left twist both heels to right (3:00)
 &3-4 Step left beside right, turn ¼ right step right forward, turn ¼ left twist both heels to right (3:00)
 &5-6 Step left beside right, turn ¼ right step right forward, turn ¼ left twist both heels to right (3:00)
Note Keep body facing 3:00 on counts 1-6 only turn feet
 &7&8& Step left beside right, point right to right, touch right beside left, point right to right, hitch right knee

Et on recommence avec le sourire

