

WORK

Intermédiaire+ – 64 comptes – 2 murs

Chorégraphe : : Marlon Ronkes (NL) & Romain Brasme (FR)

Musique : Work – Lil Jon

Style : Novelty

Source : *Copperknob* -

Intro : 32 comptes

SEC 1 SIDE, BACK ROCK, SHUFFLE, STEP, ½ PIVOT, ½ SHUFFLE

- 1 Step left to left
- 2-3 Rock right back, recover weight onto left
- 4&5 Step right forward, step left beside right, step right forward
- 6-7 Step left forward, pivot ½ right transferring weight on to right (6:00)
- 8&1 Turn ¼ right step left to left, step right beside left, turn ¼ right step left back (12:00)

SEC 2 ½ STEP, SHUFFLE, POINT SWITCHES, TWIST, ¼ TWIST

- 2 Turn ½ right step right forward (6:00)
- 3&4 Step left forward, step right beside left, step left forward
- 5&6 Point right to right, step right beside left, point left to left
- 7-8 Twist both heels to right, turn ¼ right twist both heels to left (9:00)

SEC 3 STEP, HITCH, TOUCH BACK, ¼ TURN, ¼ STEP, HITCH, TOUCH BACK, ¼ TURN

- 1-2 Step right forward, hitch left knee
- 3-4 Touch left back, turn ¼ left transferring weight onto left (6:00)
- 5-6 Turn ¼ right step right forward, hitch left knee (9:00)
- 7-8 Touch left back, turn ¼ left transferring weight onto left (6:00)

SEC 4 CROSS, HOLD, ¼ STEP, HOLD, ROCK, RECOVER, SWEEP, BEHIND, SIDE, TOUCH

- 1-2 Cross right over left, hold
- 3-4 Turn ¼ right step left forward, hold (9:00)
- 5-6 Rock right forward, recover weight onto left sweeping right from front to back
- 7&8 Step right behind left, step left to left, touch right beside left

Restart Here on Wall 5, Turn ¼ right and step right to right to dance Tag 2 then restart

SEC 5 SIDE, FULL DIAMOND

- 1 Step right to right
- 2&3 Cross left over right, step right to right, turn ⅛ left step left back (7:30)
- 4&5 Step right back, turn ⅛ left step left to left, turn ⅛ left step right forward (4:30)
- 6&7 Step left forward, turn ⅛ left step right to right, turn ⅛ left step left back (1:30)
- 8&1 Step right back, turn ⅛ left step left to left, turn ¼ left step right forward (9:00)

SEC 6 STEP, EXTENDED SHUFFLE, FLICK, STEP, ½ PIVOT, ¼ SIDE, CROSS

- 2 Step left forward
- 3&4 Step right forward, step left beside right, step right forward
- &5 Step left beside right, step right forward flicking left back
- 6-7 Step left forward, pivot ½ right transferring weight on to right (3:00)
- 8& Turn ¼ right step left to left, cross right over left (6:00)

SEC 7 SLOW HIP BUMP, SLOW HIP BUMP, HIP BUMPS X4

- 1-2 Step left to left bumping hips left over 2 counts
- 3-4 Bump hips right over 2 counts
- 5-6 Bump hips left, bump hips right
- 7-8 Bump hips left, bump hips right

SEC 8 TOUCH, BALL STEP, KICK BALL POINT, ¼ STEP, STEP, ½ PIVOT, ¼ TOUCH

- 1&2 Touch left beside right, step left to left, step right to right
- 3&4 Turn ¼ right kick left forward, turn ¼ left step left to left, point right to right (6:00)
- 5 Turn ¼ right step right forward (9:00)
- 6-7 Step left forward, pivot ½ right transferring weight on to right (3:00)
- 8 Turn ¼ right touch left beside right (6:00)

TAG 1 AT THE END OF WALL 1

¼ SIDE, HOLD, HIP ROLL, ¼ SIDE, HOLD, HIP ROLL

- 1-2 Turn ¼ right step left to left, hold (9:00)
Arms Wave arms left, wave arms right
- 3-4 Pop chest forward, pop chest forward
- 5-6 Turn ¼ right step left to left, hold (12:00)
Arms Wave arms left, wave arms right
- 7-8 Pop chest forward, pop chest forward

¼ SIDE, HOLD, HIP ROLL, ¼ SIDE, HOLD, HIP ROLL

- 1-2 Turn ¼ right step left to left, hold (3:00)
Arms Throw both arms up, throw both arms down
- 3-4 Roll hips anticlockwise from left to right over 2 counts
- 5-6 Turn ¼ right step left to left, hold (6:00)
Arms Throw both arms up, throw both arms down
- 7-8 Roll hips anticlockwise from left to right over 2 counts

SIDE SLIDE X4

- 1-2 Step left to left sliding right towards left over 2 counts
- 3-4 Step right to right sliding left towards right over 2 counts
- 5-6 Step left to left sliding right towards left over 2 counts
- 7-8 Step right to right sliding left towards right, step left to left

LOOK UP, LOOK DOWN, LOOK UP, LOOK DOWN

- 1-2 Look up, hold
- 3-4 Look down, hold
- 5-6 Look up, hold
- 7-8 Look down, hold

TAG 2 AFTER 32 COUNTS OF WALL 5

DRUM ARMS

- 1-8 Drum arms as fast as you can for 8 counts
Step Back diagonal, Ball Step, Step Back diagonal, Ball Step, ½ Jazzbox
- 1&2 Step right back to right diagonal, step left beside right, step right beside left
- 3&4 Step left back to left diagonal, step right beside left, step left beside right
- 5-6 Cross right over left, turn ¼ right step left back (9:00)
- 7-8 Turn ¼ right step right forward, step left forward

DRUM ARMS

- 1-8 Step right to right and drum arms as fast as you can for 8 counts
Step Back diagonal, Ball Step, Step Back diagonal, Ball Step, ½ Jazzbox Touch
- 1&2 Step right back to right diagonal, step left beside right, step right beside left
- 3&4 Step left back to left diagonal, step right beside left, step left beside right
- 5-6 Cross right over left, turn ¼ right step left back (9:00)
- 7-8 Turn ¼ right step right forward, touch left beside right

Et on recommence avec le sourire

