

# FIRE ON UP

Avancée – 96 comptes – 2 murs

Chorégraphes : Fred Whitehouse (IRE) & Shane McKeever (N.IRE)

Musique : Fire on Up - Paper Kings

Style : Novelty

Source : Copperknob –

Intro : 32 comptes

Sequence: A1, A2, B, B, C, A1, A2, B, B, Tag, Tag, B, B, C.

## A1 PART: 32 COUNTS, 1 WALL

### PRESS R&L TO DIAGONALS, R KICK BALL STEP, SKATE RL

1 – 4 Press R to R diagonal (1), step R next to L (2), press L to L diagonal (3), step L next to R (4) 12:00

5&6 Kick R fwd (5), step down on R (&), step L fwd (6) 12:00

7 – 8 Skate R fwd (7), skate L fwd (8) ... Styling: bend knees during skates 12:00

### HITCH R, R JAZZ BOX, FWD L, FLICK HITCH WITH SLAPS, ¼ L FWD R, BOUNCE ½ L

1 Hitch R knee across L (1) 12:00

2&3–4 Cross R over L (2), step back on L (&), step R to R side (3), step L fwd (4) 12:00

5&6 Flick R foot out R slapping foot with R hand (5), hitch R knee slapping knee with L hand (&), turn ¼ L stepping down on R (6) 9:00

&7&8 Lift heels off the floor (&), lower heels turning ¼ L (7), lift heels off the floor (&), lower heels turning ¼ L making sure weight is on L (8) 3:00

### ¼ L BACK R, HITCH SLAP, BACK L, HITCH SLAP, ¼ R STEP SLIDE, BALL CROSS, ¼ L FWD L

1 – 2 Turn ¼ L stepping back on R (1), hitch L knee slapping knee with R hand (2) 12:00

3 – 4 Step back on L (3), hitch R knee slapping knee with L hand (4) 12:00

5 – 6 Turn ¼ R stepping R a big step to R side (5), slide L towards R (6) 3:00

&7–8 Step L next to R (&), cross R over L (7), turn ¼ L stepping L fwd (8) 12:00

### R V-STEP, CROSS HEEL TOUCH, POINT R, DOWN, UP AND STEP L NEXT TO R

1 – 4 Step R to R diagonal (1), step L to L diagonal (2), step R back to centre (3), step L back to centre (4) 12:00

5 – 6 Cross touch R heel over L (5), point R to R side (6) 12:00

7 – 8 Bend in knees transferring weight to R (7), straighten in knees stepping L next to R (8) 12:00

## A2 PART: 32 COUNTS, 1 WALL (COUNTS 1-24 ARE LIKE A1, THE ONLY DIFFERENCE IS COUNTS 25-32)

### R FWD WITH ARMS UP, L TO L SIDE WITH ARMS TO SIDES, CRISSCROSS ARMS DOWN, R BACK ROCK & ARMS DOWN, ARMS UP, RECOVER ON L PLACING R HAND ON HEART, L HAND ON HEART

1 – 2 Step R fwd throwing both arms up with palms up (1-2) 12:00

3 Push arms out to both sides stepping L to L side (3) 12:00

4& Move arms down crossing L over R and R to L side (4), move both arms to each side palms facing down (&) 12:00

5 – 6 Rock R back starting to move arms up keeping palms facing down (5), arms finish at chest level (6) 12:00

7 – 8 Recover on L placing R hand on heart (7), place L hand on top of R hand (8) 12:00

## B PART: 32 COUNTS/2 WALLS

### SWAY BODY R, SWAY LR, FULL PENCIL TURN L, WALK RL WITH CUTTING ARMS/HANDS

1 – 2 Push off L foot swaying body to R side (1-2) 12:00

3 – 4 Sway body L (3), sway body R and prepping body R (4) 12:00

5 – 6 Turn ¼ L stepping onto L (5), touch R foot next to L turning ¾ L on L foot (6) 12:00

7 – 8 Walk R fwd slashing R hand down L (7), walk L fwd slashing R hand down R (8) 12:00

### DIAMOND SHAPED HANDS UP/DOWN, PUSH ARMS TO L, TURN 5/8 R W R LEG LIFT, BALL WALK LR

1 – 2 Step R fwd and bring both hands up to head height creating the shape of a diamond with tips of R&L thumbs touching each other ... Note: all fingers must be pointing up (1), tilt fingers down keeping the diamond figure (2) 12:00

3&4 Keeping hands in the diamond shape step L to L side pushing R elbow up (3), push L elbow up waving arms to the L side... (&), push R elbow down and push both arms to the L side 12:00 with the finger tips pointing to the L side having created a body prep to 10:30 (4)

5 – 6 Start turning 5/8 R on L foot lifting R leg (5), finish turn (6) 7:30

&7–8 Step down on R (&), walk L fwd (7), walk R fwd (8) 7:30

**ROCK LRL WITH R ARABESQUE AND FLAME ARMS, BACK R, 1/8 L SIDE L, R CROSS SHUFFLE**

- 1 – 2 Rock L fwd pushing both hands fwd at chest height (1), recover on R pushing arms back with palms up and at head height (2) 7:30  
 3 – 4 Rock L fwd pushing hands fwd and above head height (3), lift R leg up with a straight leg (4) 7:30  
 5 – 6 Step back on R (5), turn 1/8 L stepping L to L side (6) 6:00  
 7&8 Cross R over L (7), step L to L side (&), cross R over L (8) 6:00

**ROCK LRL WITH R ARABESQUE AND FLAME ARMS, BACK RL, R KICK BALL CROSS WITH 1/8 R**

- 1 – 2 Turn 1/8 L rocking L fwd and pushing both hands fwd at chest height (1), recover on R pushing arms back with palms up and at head height (2) 4:30  
 3 – 4 Rock L fwd pushing hands fwd and above head height (3), lift R leg up with a straight leg (4) 4:30  
 5 – 6 Step back on R (5), step back on L (6) 4:30  
 7&8 Turn 1/8 R kicking R fwd (7), step down on R (&), cross L over R (8) 6:00

**Note: during the first B after the last tag you change the timing and some of the steps from counts 25-32:**

**Rock LRL with R arabesque and flame arms, back R, behind side cross with 1/8 R**

- 1 – 2 Turn 1/8 L rocking L fwd and pushing both hands fwd at chest height (1-2) 4:30  
 3 – 4 Recover on R pushing arms back with palms up and at head height (3-4) 4:30  
 5 – 6 Rock L fwd pushing both hands fwd and above head lifting R leg up with a straight leg (5-6) 4:30  
 7 – 8 Step back on R (7), turn 1/8 R stepping L next to R (8) 6:00

**C PART: 32 COUNTS/1 WALL (NOTE: COUNTS 17-32 ARE THE SAME AS COUNTS 1-16 BUT JUST ON THE OTHER FOOT)****R STEP TOUCH, ¼ L STEP TOUCH, ¼ L SIDE R, L SAILOR ½ L, SIDE R**

- 1 – 2 Step R to R side (1), touch L next to R (2) 12:00  
 3 – 5 Turn ¼ L stepping L to L side (3), touch R next to L (4), turn ¼ L stepping R to R side (5) 6:00  
 6&7-8 Cross L behind R (6), turn ¼ L stepping R next to L (&), turn ¼ L stepping L fwd (7), step R to R side (8) 12:00

**L CROSS HEEL TOUCH, SIDE L, R CROSS HEEL TOUCH, SIDE R, L JAZZ BOX, R CROSS OVER L**

- 1 – 4 Cross touch L heel over R (1), step L to L side (2), cross touch R heel over L (3), step R to R side (4) 12:00  
 5 – 8 Cross L over R (5), step back on R (6), step L to L side (7), cross R over L (8) 12:00

**L STEP TOUCH, ¼ R STEP TOUCH, ¼ R SIDE L, R SAILOR ½ R, SIDE L**

- 1 – 2 Step L to L side (1), touch R next to L (2) 12:00  
 3 – 5 Turn ¼ R stepping R to R side (3), touch L next to R (4) turn ¼ R stepping L to L side (5) 6:00  
 6&7-8 Cross R behind L (6), turn ¼ R stepping L next to R (&), turn ¼ R stepping R fwd (7), step L to L side (8) 12:00

**R CROSS HEEL TOUCH, SIDE R, L CROSS HEEL TOUCH, SIDE L, R JAZZ BOX, L CROSS OVER R**

- 1 – 4 Cross touch R heel over L (1), step R to R side (2), cross touch L heel over R (3), step L to L side (4) 12:00  
 5 – 8 Cross R over L (5), step back on L (6), step R to R side (7), cross L over R (8) 12:00

**TAG : 16 COUNTS/2 WALLS (TAG COMES TWICE, FACING 12 :00 AND 6 :00, RIGHT AFTER EACH OTHER) FWD R HITCH L, HOLD, OUT OUT LR, DOWN L & ROLL ARMS FROM DOWN AND UP, CLAP HANDS, SLAP RL HIGHS, CLAP HANDS OVER HEAD AND HITCH L KNEE**

- 1 – 2 Step R towards R diagonal hitching L knee (1), Hold (2) 12:00  
 &3 Step down and out L (&), step down on R (3) 12:00  
 4 – 5 Change weight to L with body facing L diagonal and start to roll arms backwards starting at hip height (4), finish rolling arms upwards (5) 12:00  
 6&7-8 Clap hands changing weight to R (6), bend in knees clapping R thigh with R hand (&), clap L thigh with L hand (7), change weight to R hitching L knee and clap hands above head (8) 12:00

**CROSS, HOLD, BACK SIDE FWD, ½ L PUSHING L ARM THROUGH, RL FWD & TOGETHER, BODY ROLL**

- 1 – 2 Cross L over R (1), HOLD (2) 12:00  
 &3-4 Step back on R (&), step L to L side (3), step R fwd (4) 12:00  
 5 – Start turning ½ L on R bringing L arm fwd with palm opened up to L side start pushing L arm to L side (5), change weight to L finishing arm push (6) 6:00  
 &7-8 Step R fwd (&), step L next to R bending in both knees (7), roll body from down and up (8) 6:00

**Ending** Finish dance with count 32 of your last C section. Step R to R side ending at 12:00 again 12:00

Et on recommence avec le sourire

